

# Amrit in Sikhism

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Big Bang theory of creation, *Nanak* taught to every man in the barn;  
Religion and science were married for ever, under *Nanak's* charm.

**IkOh**, the only One, all pervasive, has many names, no place or race;  
Though invisible and unfathomable but showers every where **Its** grace.

The laws, **It** ordained for the universe, are fair, equitable and for ever;  
No distinction is between high and low, rewards every one's endeavor.

Life started from a single cell, over time it grew into the largest animal;  
All were fighting among themselves, the situation was utterly abysmal.

About seven million years ago, big ape came close to a human form;  
More than a million years ago the latest homo-sapiens learnt to perform.

To love, lead and tame the myriad quarrelsome crowds all around;  
**Akaalpurkh** brought forward wise people to handle the hungry hound.

Compassion, kindness, love and persuasion were put to hard work;  
This is the advice **Akaalmoort** gave to tame the greedy, barbaric jerk.

**Amrit** of *Sikhism* is neither a frothy stuff to eat nor a juicy sweet drink;  
On the mind of an honorable human being it is **Akaalpurkh's** footprint.

Having **Amrit** in mind, makes one use its head, hand and heart;  
Fear of **Akaalmoort**, a wisely whip, can be solicited by the smart.

**Akaalpurkh** ordains every one to respect and treat each other well;  
Love each other like brothers and sisters to avoid any inferno or hell.

A *Sikh* is never dejected by any kind of deluge or a deadly despair;  
Nor its ego is inflated by a shower of praise for good deeds or prayer.

Happy and contented is one with **Amrit** in mind as the best ware;  
Danger does not distract a *Sikh*, nor fear of death causes any scare.

**Amrit** of *gurbaani* inspires one to work for welfare of entire nation;  
A true *Sikh* remains free from any worry, enjoys a blissful recreation.

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