

CONTENTS

MEDITATION	<i>Blessed is the Enlightened One</i>	<i>Shabad Gurbani</i>
EDITORIAL	Bench-mark for Youth Today	Kamalpreet Kaur
ALTRUISM	Peerless is Guru Gobind Singh: "Himself the Master and the Disciple"	Dilbir Singh Chadha
PHILOSOPHY	The Mystique of 'Amrit'	Dr. Sarbjit Singh
PHILOSOPHY	Humanitarianism: 'Shûbh karman té kab hõn nâ tarõn'	Dr. Satish Shukla
PHILOSOPHY	Let the Creative Nectar Flow!	Bhupinder Singh
MORAL TRADITION	Order of the Khalsa	Late Harbhajan Singh Yogiji
MORAL TRADITION	References to Durga in Writings of Guru Gobind Singh Ji	K.S. Ahluwalia
MORAL TRADITION	Happy Birthday: Brother!	Nirmal Singh Kalsi
MORAL TRADITION	American Sikh Kirtan Singers enthrall Washington	A Report

HISTORY	Guru Gobind Singh as Founder of the Khalsa Commonwealth	Dr. Sukhdial Singh
HISTORY	Exposing the Canard in 'Tuzhk-e-Jahangiri'	Dr. Kirpal Singh, Ph.D., D.Litt.
PERSPECTIVES	Vaisakhi - Sacred & Secular	Pranav Khullar
PERSPECTIVES	Sikhism at Crossroads (Part II)	Manohar Singh Bat
PERSPECTIVES	World's Biggest Sikh Youth Gathering	Sarban Singh
PERSPECTIVES	Ground Breaking Tour of SGPC President to USA	Rajwant Singh & Amrit Kaur
DYNAMICS	The Sikh Turban: an Unintended Target?	Bhupinder Singh Mahal
WORLD-VIEW	Celebration in Germany	Amarjeet Singh
YOUTH SECTION	Faith & Fashion	Arpita Basu
YOUTH SECTION	Healthy Hair	
TRIBUTE	S. Amrik Singh (1935-2009)	Dr. Tarlochan Singh

		Nehal
POET'S CORNER	Invocation	Raja Sir Daljit Singh
READERS' FORUM	Letters to the Editor	
DIARY	Synopsis of Notable Events	
BOOKS	Scientific Vision of Guru Nanak By Col. Dr. Dalvinder Singh Grewal	D.P. Singh
BOOKS	ਮੌਲਿਕ ਪੈੜਾਂ ਸਿਰਜਦਾ ਸਿਖ ਇਤਿਹਾਸ [A Book of Essays] By Jasbir Singh Sarna	S.S.