

Gurubani can cure Cancer

A Personal Testament

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WHEN RECITATION OF GURUBANI cured me of deadly cancer, I experienced God. If God is with me, who can be against me? Not even the terminal disease of cancer can take my life away, and that is exactly the divine inspiring message of the truly miraculous story of my victorious battle against bone cancer which was medically diagnosed to be *multiple myeloma*.

It was the continuous recitation of Gurbani that not only cured me of bone cancer that had already destroyed most of my bones in my skeleton, but also shattered my will to live. The blessings of Guru Granth Sahib not only triggered and accelerated the process of complete and total cure in my body, but the Guru also enabled me to *experience* God. This also inspired me to pursue **Naam** therapy to totally and permanently get rid of otherwise fatal bone cancer.

Can *Shabad-Kirtan* and faithful recitation of Sri Guru Granth Sahib save me from fatal clutches of cancer? Can such a miracle happen? These were the posers that repeatedly crossed my mind even dominated my dreams. Initially, I dismissed such ideas and, being a science researcher with American educational background, I did not initially believe in the existence of God. I have always been taught by American scientists, teachers and professors that our life and the universe are governed by the irrefutable and irreversible laws of science and that God was nothing but a 'concept' or an illusion invented by timid and non-scientific minds. Hence, I had never been to any place of worship and also never prayed. But not anymore.

It was April 27th 2002, when three different teams of oncologists and hematologists from Mumbai, Surat and Ahmedabad presented me with the unanimous medical investigation reports. Based on their unanimous findings, they passed their judgment with one voice that my life is going to end in a few days as the deadly cancer, called multiple myeloma, had ruined most of my bones that were functionally vital for my survival. **On April 29th, I had completed three and half years of painful life as a terminally bed-ridden cancer patient. I was slowly dying of cancer. The bony structures of my right ear had been eaten away by bone cancer that gave me total deafness in my right ear.** Repeated audiography done by several E.N.T. surgeons proved beyond doubt that the decibel loss was irreversible and so immense that Dr. A.B.R. Desai in Mumbai, who is reputed to be the final authority on E.N.T. ailments, told me that there was something very tragically wrong with the bones in my right ear and after trying several treatments, Dr. Desai told me that he has no medicine for my ailment and that I will never be able to hear with my right ear. The reputed E.N.T. surgeon, Dr. Farida Wadia of civil hospital was of the opinion that if the loss of hearing in the right ear was not due to nerve deafness, and was a symptomatic manifestation of some un-diagnosed ailment, then the hearing will return after that un-diagnosed ailment is cured. Is she blessed with 6th, 7th and 8th sense? I guess so, because that is exactly how the events ran their course.

Dr. Farida Wadia used her imagination like a telescope in time and exactly predicted things which were yet to come. Later, it was Dr. Kiran Shah, the senior most reputed oncologist hematologist in Surat, who himself performed bone marrow analysis, and gave me the shocking news that I am not only suffering from bone cancer called multiple myeloma but the cancer has already destroyed much of my vital bones. As per his advise, electrophoresis of the blood and MRI [magnetic resonance imaging] - of brain and skull as well as CT Scan were also done at Mahavir General Hospital, which confirmed beyond doubt that I was slowly but surely dying of bone cancer. I had been losing appetite and had developed dislike for food. [*anorexia nervosa*] in between, I had also suffered from tumor on right side of my head which gave me excruciating headaches and giddiness. I lost orientation and would fall after walking for 30 seconds. As soon as cancer was diagnosed, I was immediately sent to government civil hospital and six chemotherapy sessions were administered - one every 28th day. This further destroyed my appetite and all the hair on my head and body were gone. I suffered these agonies for more than three and a half years, when on April 27th 2002, three teams of doctors and oncologists advised me that I should prepare my will as I had only a few days left.

Now, this was the phase when the divine miracle began to take shape. It was Sardar Kesar Singh, the owner of reputed "Kwality Group of Hotels and Restaurants" in Surat and his son, Sardar Manjeet Singh, who suggested to me that I should undertake a pilgrimage to the holy Golden Temple at Amritsar and offer *Akhand Paath* and *Ardaas*, with complete faith and total devotion, and **pray before Sri Guru Granth Sahib to cure me of my cancer and bless me with good vibrant health and long life to remain in his service.** I initially took this suggestion very lightly and argued back that I do not understand Punjabi or Gurmukhi (being a Gujrati) and would therefore, not follow any word of Sri Guru Granth Sahib and whatever brief knowledge of Sikhism and Sri Guru Granth Sahib I acquired was in April of 1999, when I wrote six researched articles on the 300 years of Khalsa celebrations published in the Indian press. But, Sardar Kesar Singh, who is also the president of Gurdwara at Udhana - Surat, convinced me that Sri Guru Granth Sahib's blessings are not restricted to those who speak or understand Punjabi or Gurmukhi. **It is the faith and sincere devotion to the Guru which makes you worthy of his blessings.**

I found Sardar Kesar Singh's advice very much inspiring. Moreover, my sister-in-law, Miss Kunti, a staunch devotee of Sri Guru Granth Sahib and a faithful follower of principles of Sikhism since her childhood, was equally instrumental in motivating me to undertake this journey. She taught me the basic philosophy of Sikhism and brought me a copy of Sri Guru Granth Sahib in English. My mother-in-law, Ms. Shanti Hotchand Khatri, has a separate room at their bungalow at Baroda where they offer prayers, *Ardaas* and listen to *Shabad Kirtan* every early morning. Their persuasion proved to be decisive.

So we left by Golden Temple Express which departed from Surat at around 1-15 a.m. on April 29th 2002. We were received by the staff of Golden Temple and, particularly, Sardar Diljeet Singh Bedi who is incharge of liaisons with press and the public. Myself being a leading journalist, foreign-educated researcher and U.S.A. trained science writer, was given a VIP treatment and given accommodation in room no. 16 of Sri Guru Arjun Dev Niwas. Since I had only a few days to live according to

my doctors, they quickly made preparations for *Akhand Paath* and *Ardaas* after I paid Rs. 2,100 as *bheta*. My wife Kanta, my daughter Halley and my brother-in-law's daughter Puja also sat with me. **I was permitted to photograph and tape-record entire Akhand Paath as well as Shabad Kirtans which I wanted to keep listening till I was to breath my last on my death-bed.**

But I was never to be lying on my death-bed because the moment the Granthi started reciting the *Akhand Paath*, **I began to feel streams of energy entering and flowing thru my body. It rose majestically from the pages of Sri Guru Granth Sahib like a serene cool flame of light entering my body through my fingers. The excruciating pain which I had suffered while struggling to reach the Golden Temple also disappeared.** After 48 hours, I got up on my own two feet and began to feel and enjoy such vibrant health that I almost ran with joy towards Sri Guru Arjun Dev Niwas and quickly climbed the stairs to my room no. 16. My appetite returned. I first took bath, and then visited Jallianwala Bagh and 'Hotel Cityheart' and, for the first time in three and a half years, I enjoyed a variety of Punjabi and Chinese foods which I had missed.

Eventually, we returned to Surat on 18th May 2002. On 25th May again bone marrow analysis and electrophoresis tests were done on my body. No cancer was detected. To obtain second medical opinion, the samples were sent to Mumbai and Ahmedabad; medical doctors there also confirmed that the bone cancer is gone. My oncologist at Ahmedabad, Dr. Pankaj Shah was preparing for stem cells transplant on me, which was to have cost me Rs. nine lakhs. **The entire medical world was taken by surprise. All doctors agreed that this is, indeed, a miracle because there is no medicine in Allopathy that can cure deadly cancer within 48 hours and effect a 180 degree change.** The latest electrophoresis: serum protein test done is dated April 7th 2003, at Abha Clinical Laboratory. The doctors have signed this medical test report with comments: "no myeloma band."

I have preserved all the medical reports and X-rays done before and after the Akhand Paath and Ardaas at Golden Temple and they all tell the true story of my miraculous cure. Eversince this miracle, I am not only experiencing Guru's vibrations within me but also feel God's spiritual energy within me which inspires me and guides me in thought and deed, and vibrate in unison with Him. I am joyfully back to "cheers and gears of life", soulfully sharing my God-Given spiritual energy with those who love and faithfully listens to Guru Granth Sahib and enrich their mind, body and soul with divinely vibrant health.

Now, I am enjoying the life of Guru-inspired faith and taking Sri Guru Granth Sahib and God as my constant companion. It is the miracle and the divinely magnetic spell of Sri Guru Granth Sahib, which I also realized through Naam therapy, that has not only blessed me with healthy life but, considering my greatly vibrant health, spiritual strength and new younger looks and shining black hair, the same oncologists tell me that I am totally free of all kinds of diseases. I myself feel so close to the Guru that something tells me that I will live long and remain in Guru's service and bring true love, happiness and inspiration to all my friends. My life has taken a spiritual U turn. I get sound sleep without any sleeping pills. Since 25th April 2002, I am no longer on any medicine. I read *Nitnem* and get up early to read Paath and enjoy *Shabad Kirtan* on Punjabi TV channel. Guru's teachings have gone a long

way in dispelling the darkness of ignorance. **Guru has not only changed my destiny but made me a devotee with the faith that is not blind but enlightened.**

So often I see and meet Guru Nanak in my dreams who taught me a new healthy life-style to give happiness to others. I now know that there is one God, who is Truth and love, He is the Creator of the universe and all beings. He is without fear and without hatred. He is the eternal being and the divine soul, birth less, self enlightened. Through grace of the Satguru He is met. 'Diseases and sins are destroyed by hearing the name of God' says Guru Nanak. The Name, revealed to me by Guru's blessing, is the breath of my life and the praise of the Lord is my life's vocation."

