

CONTENTS

MEDITATION	God – our sole Refuge!	<i>Shabad Gurbani</i>
EDITORIAL	The Matter of Kirpan: In Faith & Reason	I.J. Singh (USA)
THEOLOGY	God is our best friend!	(Late) Bhai Raghbir Singh Bir
THEOLOGY	Significance of Aartee	Dr. Prithipal Singh
SCRIPTURE	A Glimpse of Guru Granth Sahib	Sawan Singh Gogia
PHILOSOPHY	Consanguineous Affection and Human Love: A Sikh Perspective	Prof. Dharam Singh
PHILOSOPHY	A Gurmukh - according to SGGS	Dr. D.S. Grewal
MORAL TRADITION	How Gurbani Awakens the Human Spirit	Dr. Jaidev Singh Kohli
MORAL TRADITION	Why are we here? The Meaning of Life	Bhupinder Singh
MORAL TRADITION	Discovering the Wisdom of Guru Granth Sahib Dr. Jasjit Singh Walia	Dr. Jasjit Singh Walia
HISTORY	Rise and Fall of Banda Singh Bahadur	Dr. H.S. Chopra, PH.D.
HISTORY	Women as Role Models in Sikh History	Sohel Singh Gujral
PERSPECTIVES	'Celebrating' Martyrdom in Sikh Tradition	Gurmukh Singh
PERSPECTIVES	The Search for Truth: A Western	Swaranjit Singh

	Perspective	
PANORAMA	Nanakshahi Calendar: A Plea for Acceptance of Reform	Dr. Kirpal Singh, D.LITT
SIKHISM OVERSEAS	The Story of Maritime Sikh Society	Jagpal Singh Tiwana
VIEWPOINT	Challenge & Opportunity: Agenda for SGPC	Col. Avtar Singh (Canada)
TRIBUTE	Prof. Norman G. Barrier: An Obituary	Prof. H. Banerjee
YOUTH SECTION	School Curriculum in Texas now includes Sikhism	
POET'S CORNER	"Dare to Be": Key to the Ascendant Spirit!	Steve Maraboli
READERS' FORUM	Letters to the Editor	
DIARY	Synopsis of Notable Events	
BOOKS	Sikh Community in Malaysia: An Album By Tan Sri Dato 'Seri' Darshan Singh	
BOOKS	(1) The Sikh Liturgical Hymns (2) Sikh Faith of the Khalsa (3) Guru Granth Sahib: 4th Centennial celebration By Gurmit Singh J.P.	
BOOKS	Understanding Sri Guru Granth Sahib: The Living Guru By Satjit Wadva	
BOOKS	Panjab Moods: A Literary Adagio By Satish Kumar Shukla	Manju Ahluwalia

