

## The Mystique of Kesh

Sir - I endorse the views expressed by Guru Fatha Singh Khalsa (Canada) in his Guest Editorial: 'The Mystique of Kesh', (SR: Feb, 09). This is based on science and reason. His three arguments (generating million tons of shaven garbage, wasting the nutritive value of our body and depriving it of Vitamin D produced by our hair) are convincing and supported by science.

We indeed waste a lot of our precious time, generate unlimited amount of waste matter as well as the source of Vitamin D.

Our youth today does not pay much heed to arguments based on inner conviction. Most of the Sikh preachers also prefer the 'blind faith' line: that our Kesh are a 'stamp' of our Tenth Master as stamp of our individuality. These arguments, though true, do not cut much ice with sections of youth and adults.

Whatever the rationale, the number of *Patits* is increasing day by day. All Sikh parents should read the SR article and ponder. Email address of the writer is: gurufathasingh@gmail.com. It should be read and discussed in the gathering of Sikh students in schools and colleges. I would request the writer of the article and other Sikh volunteers that they should find ways to bring it to the notice of the Sikh youth, many of them are going astray.

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