

# The Realm of Grace: Exploring Space

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In our exploration of space, we came across a planet with very intense illumination. This was detected by our conscious detector indicating the possibility of presence of human being. We tried to have communication with all the possible means, but failed. Then it was suggested to use the thought power with the intense feeling of love and welfare of the entire universe. This method clicked.

We transmitted from the spaceship that we are on an exploration mission in the universe and we are friends and would like to know about you and planet and therefore would like to come over the planet. The reply came that this is a colony, which is called 'Beghampura'. Actually we were waiting for your visit. Further, it was communicated that only those persons who have the passport or visa of the grace of God can come over here. Since we were ordered by the supreme being to accommodate you here on the planet, we restrict the number of persons coming over here to two. This comes due to the limitation that the intensity of Supreme being's power, the naam is so high here that an ordinary person can not endure it, his mind will become inoperative under this. Therefore the minds of those persons who come over here have to be conditioned for the place and since it requires lot of energy, which is very valuable, to be expended for the task, number is restricted to two.

We consulted our Encyclopedia on words used in the universe and came to know this word has been used in Sri Guru Granth Sahib (SGGS), the scripture for the Sikhs in India and was elaborated as thus;

Beghampura, 'the City without Sorrow', is the name of the town.

There is no suffering or anxiety there. There are no troubles or taxes on commodities there. There is no fear, blemish or downfall there. || 1 || Now, I have found this most excellent city. There is lasting peace and safety there, O Siblings of Destiny. || 1 || Pause || God's Kingdom is steady, stable and eternal. There is no second or third status; all are equal there. That city is populous and eternally famous. Those who live there are wealthy and contented. || 2 || They stroll about freely, just as they please. They know the Mansion of the Lord's Presence, and no one blocks their way. Says Ravi Das, the emancipated shoemaker saint: whoever is a citizen there, is a friend of mine. || 3 || 2 ||345

ਬੇਗਮ ਪੁਰਾ ਸਹਰ ਕੋ ਨਾਉ ॥ ਦੁਖੁ ਐਦੇਹੁ ਨਹੀ ਤਿਹਿ ਠਾਉ ॥

[SGGS:345]

Another point was also conveyed in the message to us that you shall be allowed here for the limited time since the conditioning of your mind shall be valid for a limited duration. Hence before the time elapses you have to be sent back otherwise your mind may get damaged under the intense illumination of energy prevailing here.

If you agree with these conditions, be at the exit of your space ship, which has to be oriented so that we could send radiation to condition your minds.

We gave the answer in affirmative and also informed back that we are going to be at the exit within five minutes.

We were further informed that we have to adjust the watch with the local time. Here one day is three hundred times the day of earth. It means that when nearly a year will be over on the earth, here only you will be spending here less than a day.

Therefore you will be allowed to stay here half a day which we consider will be adequate for

you to know about the place.

At the appointed time we were at the exit and our minds were conditioned with the intense radiation, which was well focussed and penetrated deep within the mind. In spite of this intense radiation exposure, there was a soothed and cool impression effect on the mind. We felt very much elated and very light bodily and full of pleasure and we felt that as if our individuality is lost and our mind is harmonized with a power unknown and we were ready to act on the command of this power.

In a moment we were transferred to the place, and there was a group of five persons standing and welcoming us for coming to the planet.

Our observations about the persons and the place were that they had very good personalities with radiant faces and pleasing manners and they were full of humility. They were supporting beard on their faces and their heads were covered under a turban. Their body was healthy and well built and its movement was very supple and full of elegance. They had some sort of attraction within them and one felt happiness by meeting them.

The surroundings all around was very picturesque and it was felt as if very good order is prevailing there and every thing has harmony with the other. There was a melodious tune being played there all along, which was pleasing to ears and was producing a very soothing effect within the mind and generating an inexpressible feeling of pleasure.

They greeted us with the greeting of "Waheguruji ka Khalsa, Wahe Guruji ki fateh". We reciprocated the greetings spontaneously. Their voice was soft but very sweet and well modulated.

We asked them to explain the meaning of the greeting.

It was replied that although this greeting is used by Sikhs on earth but we have adopted here and it means that a perfect person, the Khalsa, belongs to God. i.e. is fully dedicated to Him and so also his victory or achievements. This shows that he does not have ego within him.

We also asked them to be enlightened about the tune which is being played continuously and which is so much appealing to mind.

The answer was this is the tune of the name of God, the word. This sound was generated when God changed over from attribute less state to state of manifestation. This sound or tune is pervading everywhere in the universe and can be listened only when the mind is completely quietened and gets attuned to God. The sound represents the personality of God and is useful for taking mind away from *maya*, the shakti, towards God. Guru Nanak was ordered by Lord to propagate the Naam, the name of Lord. . This word is Oankar and this is the seed of all the words. It is said that SGGS is the elaboration of this word. Hence SGGS is called the word personality of God and that is why it is revered so much. This is considered as one form of personality of God and other form of personality of God is light. When a man attains God both these manifest within him.

We were told that since time is at premium we immediately start the proceedings. Kindly let us know which of the things you are interested. First we can brief you about the planet and then you can be taken around the place.

We were conducted to a hall and we briefed them that we are from the planet earth and we are on a mission for exploring the universe. Some how an idea was implanted in our minds to come to this place for exploring and that is why we are here.

We asked them how they got the prior information of our arrival? Answer was, the Supreme Being on whose order you were to come here, informed us. This Supreme Being is the Lord and master of the entire universe and knows what is happening in each mind. Since our mind were conditioned we did not put any argument but we were sure that had

our minds not been conditioned to this state we would have asked lot of questions and would have arguments about the point

We asked the question about the name of the colony being very uncommon and untypical.

They explained that, this word “begham”, of Urdu/Persian origin, means: without sorrow and *pura* means a town, so this place is a town without sorrow. This is further elaborated in SGGS.

We asked the question that how it is possible there is no sorrow and anxiety here? Only pleasure and pleasure prevails.

The answer was thus;

In the universe two energies are operating, one is pure energy which was there at the very beginning of universe and it was actually the energy of God. In the language in India on earth, which you may be familiar, it is indicated as Shiva. There is another energy, which came into being when this pure energy interacted with the gross matter. This generated the ego and the nature. This energy became different from the pure energy and it is called in India on earth as *Shakti*. There are many temples symbolizing Shakti in India. A human being is constituted so that it has both the energies within and in between these two is mind and depending on which energy mind is associated, it becomes alike that. Whereas when mind is associated with this shakti, it has duality and has to have pain and pleasure, one has to transmigrate in the cycles of birth and death, However if the mind is associated to Godly energy, it has pleasure and pleasure. Here on the planet the pure Godly energy is prevailing, hence there is pleasure and pleasure only, since God is also called *Sat-chit, anand* (true conscious full of bliss). This tune prevailing in the entire environment is the tune generated by this energy operating here. This energy is called also *naam*, representing the personality of God. The Kirpan worn by us here and also the Sikhs on earth symbolize this energy or power and hence this energy is Godly which works for the good of entire mankind. Kirpan is also to be used only while considering for the welfare of the community or world population.

Since you are coming from planet earth and you were constituted of these two energies, your minds have to be conditioned for the environment on the planet. If you need more explanation on this one can go through SGGS, which states that;

After creating Siva and Shakti, God runs this universe under His ordinance and additional elaboration is available there.

Persons under the grace of God may transcend to this state after overcoming the other energy, the shakti, which tries that a man pays attention to the world items and his body only. Those the fortunate ones have this place to live as is mentioned in the composition of Japuji Sahib stanza no. 37 in SGGS as thus;

This place , the Realm of Grace is characterized by the operation of full power of God within the beings .Here the bravest of braves dwell:- the warrior who have conquered the mind and in each pore of them, God’s power is flowing. Here the mind of each person is absorbed with the glorification of God and their faces are full of beauty ineffable i.e. their faces are full of radiance. These devotees become immortal and delusion due to Maya –the mammon does not make any impact over them because their minds are pervaded with *Naam*. In this place the devotees drawn from all the regions reside, they are in the bloomed state of mind living in perpetual bliss since God is present within their mind.

Under the influence of Shakti the man inherits the five instincts of *Kama, Krodha, Moha, Lobha* and *ahamkara*. Here the inhabitants are devoid of all the five. The residents of the colony have become the servants of God since they are fully attuned to the will of God.

We asked the question about inhabitants being servants of God. We got the reply that

again SGGS is filled with the qualities and characteristics of the servants, some of the illustrations were presented;

The Lord's humble servant is committed to His Name. His hopes do not go in vain. The servant's purpose is to serve; obeying the Lord's Command, the supreme status is obtained. Beyond this, he has no other thought. Within his mind, the Formless Lord abides. His bonds are cut away, and he becomes free of hatred. Night and day, he worships the Feet of the Guru. He is at peace in this world, and happy in the next. O Nanak, the Lord God unites him with Himself. || 4 /22||293

ਜਨੁ ਲਾਗਾ ਹਰਿ ਏਕੈ ਨਾਇ ॥ ਤਿਸ ਕੀ ਆਸ ਨ ਬਿਰਥੀ ਜਾਇ ॥

[SGGS:292]

We got the inputs as thus from our records;

Blessed, blessed, blessed is the coming of that humble being; by His grace, the whole world is saved. This is his purpose in life; in the Company of this humble servant, the Lord's Name comes to mind. He Himself is liberated, and He liberates the universe. O Nanak, to that humble servant, I bow in reverence forever. || 8 || 23 -295||

ਜੋ ਜਾਨੈ ਤਿਸੁ ਸਦਾ ਸੁਖੁ ਹੋਇ ॥ ਆਪਿ ਮਿਲਾਇ ਲਏ ਪ੍ਰਭੁ ਸੋਇ ॥

[SGGS:294]

Your Saints are very fortunate; their homes are filled with the wealth of the Lord's Name. Their birth is approved, and their actions are fruitful. || 1 || O my Lord, I am a sacrifice to the humble servants of the Lord. I make my hair into a fan, and wave it over them; I apply the dust of their feet to my face. || 1 || Pause || Those generous, humble beings are above both birth and death. They give the gift of the soul, and practice devotional worship; they inspire others to meet the Lord. || 2 || True are their commands, and true are their empires; they are attuned to the Truth. True is their happiness, and true is their greatness. They know the Lord, to whom they belong. || 3 || I wave the fan over them, carry water for them, and grind corn for the humble servants of the Lord. Nanak offers this prayer to God — please, grant me the sight of Your humble servants. || 4 || 7 || 54 ||749

ਭਾਗਠੜੇ ਹਰਿ ਸੰਤ ਤੁਮਾਰੇ ਜਿਨੁ ਘਰਿ ਧਨੁ ਹਰਿ ਨਾਮਾ ॥

[SGGS:749]

Q: What do you eat since your body is very healthy and fit?

A: Actually we do not need much to eat since our mind is always remained focussed on *naam*, it does not think of food and even sleep. SGGS talks about this state as thus:

Within the Gurmukh (the one whose mind is illuminated with Naam) is within intuitive peace and poise; his mind ascends to the Tenth Plane of the Akaashic Ethers. No one is sleepy or hungry there; they dwell in the peace of the Ambrosial Name of the Lord. O Nanak, pain and pleasure do not afflict anyone, where the Light of the Lord, the Supreme Soul, illuminates. || 16 ||1414

ਗੁਰਮੁਖਿ ਅੰਤਰਿ ਸਹਜੁ ਹੈ ਮਨੁ ਚੜਿਆ ਦਸਵੈ ਆਕਾਸਿ ॥ ਤਿਥੈ ਉਘ ਨ ਭੁਖ ਹੈ ਹਰਿ ਅੰਮ੍ਰਿਤ ਨਾਮੁ ਸੁਖ ਵਾਸੁ ॥

ਨਾਨਕ ਦੁਖੁ ਸੁਖੁ ਵਿਆਪਤ ਨਹੀ ਜਿਥੈ ਆਤਮ ਰਾਮ ਪ੍ਰਗਾਸੁ ॥

[SGGS:1414]

However, still we have not attained the perfect state and within us the seed of *shakti* is still remaining although it is weakened considerably and for the sustenance of body, we have to take just for semblance some very little food which may vary from one to ten grains a day. This again depends on how much the vista of mind of the inhabitant has expanded. Whether mind has developed to the fullest capacity of concentration. If it is expanded to the fullest capacity, then you even live without food. But persons who are inducted here, in the beginning they need about ten grains only.

The persons who are able to remove the seed of *shakti* from within, they do not need any thing to eat. Actually they are reached to the last stage of evolution of mind and they have

the option either to serve inhabitants here or they can enjoin with God, the Supreme Being. Actually when they submerge within Him, they lose their separate identity completely. This is similar to water blending with the water.

For the body to be healthy, the Naam is the greatest medicine, it does not first allow the body to degenerate and secondly if any disease comes to it, it acts as the medicine. SGGS briefs about this as thus;

Q: - If you need so less to eat then what for you grow so much food?

A:-One of the tenets of religion is to share and serve others, Hence all the surplus items grown here are sent to other planets, which run short of these. We have to emphasize that under the force of Naam we have to make very little effort to grow the items but the yield is many times compared to inputs.

At this point we were told that it is time to conclude the session of questioning and answering. Now is the time for taking a round of the place. During this trip, if you have any question it can be answered, otherwise, you can accumulate questions in your mind and we will read it from your mind before your departure. If time permits, the answer can be given , otherwise these can be communicated to you through the link of thought power.

During our round, as was our first impression about the place, it was once again recreated. Every item and part here was perfect and beautiful which was not expressible. It seems there was order and harmony prevailing which was creating an environment, which intuitively was taking the mind to transcend to higher state. This sort of environment one comes across very rarely on earth by the effect of which the mind becomes elated and starts singing. The celestial music, which was prevailing there, was adding to the impact on the mind due to the surroundings. It was creating an alignment of mind with the supreme entity. It was creating a feeling in mind that this music should never end and should continue forever. We asked a question about the origin /creation of such a melodious music. We were told this music is being inherently generated since the beginning of universe, but since our mind is engaged all the while with other thoughts which act as noise as far as this music is concerned hence it is not at all discerned. Since here mind is totally focussed on *naam*, one is able to appreciate it.

We raised a very relevant question at this juncture that we thought to be worth answering. How to attain this state which is so much full of pleasure, it is really bliss and bliss?

We were told that answer of this is available in SGGS, still we can elaborate here.

First, a man has to come to a state where he becomes the recipient towards God or His spoken words or truth. This is the starting step and this only comes under the grace of God. Since he is recipient to truth, next he has to associate with truth or spoken words of God reflected in scripture and for having the constant association he has to follow some sort of discipline i.e. carrying it in a routine manner. This will enlarge his mind and a longing will be generated within him to acquire knowledge about God. Next he has to go to a Guru or to the person authorized by Guru for instructions and then he has to carry out these instructions to earn the grace of God to come to this state. In the first composition "Japuji " of SGGS stanzas 34,35 and 36 elaborate about these states through which a man has to pass through to come to this state.

There were other questions about the size and no of colonies on the planet, which we kept in pending to be answered later.

Another question, which we thought, is worth to be replied, was: What is the next aim after achieving this state? The reply was that aim of all human beings is to rejoin with God from whom they are separated under the will of God and it comes under the will of God that we reunite with Him, as is reflected in SGGS

From God they emanate, and into God they merge once again. His limits are not known to anyone. Of Himself, and by Himself, O Nanak, God exists. || 7 /8||10-276

ਪ੍ਰਭ ਭੇ ਹੋਏ ਪ੍ਰਭ ਮਾਹਿ ਸਮਾਤਿ ॥ ਤਾ ਕਾ ਅੰਤੁ ਨ ਜਾਨੈ ਕੋਇ ॥

[SGGS:276]

So our aim is to submerge within Lord. For this as was discussed earlier, the mind capacity has to expand further and then it has to be filled up with the *naam* and also to remove the seed of *shakti* which is still remaining within us. This is considered the last state for the man in which he loses his entity totally and he becomes the part and parcel of God and no distinction remains between him and God.

While deliberating thus we came to the main center of the colony.

Here we were led into a big complex of buildings around a big water tank amidst which was a temple and we were told that this is the place of Lord for the inhabitants of the colony. Here actually the mind's further evolution takes place for the inhabitants for reaching the last state of evolution where one becomes capable to enjoin with Lord or submerge within Him. We asked that was it the abode of God in reality? No, here as far as inhabitants are concerned, it is the residence of Lord. Actually, the place of God is not far off from here, you can guess the distance yourselves from the time adjustment required at that place with respect to earth. There exactly one year of earth constitute one day of God. One has to go there for submerging within Him. Again SGGS enlightens;

That in the realm of Truth resides God. From that place He creates the creation and takes care of it with vision of Grace. There one comes across many regions, heavenly systems and universes to count which were to count the countless. There one comes in face with creation after creations and universe after universe amidst which the will of God being prevailing is realized. There one realizes God rejoices while contemplating about His creation and taking care of it O Nanak! More about this is not possible to state.

While we were engaged in listening to the reply we reached within the sanctorum of the temple. Moment we entered into it there was a sudden change in the environment, we felt the intensity of pleasure reaching to a great height and transcending of mind to a lofty place within

We saw within the temple circular rows segregated from one another for sitting for the inhabitants around the big dais. And we saw a big illumination coming out all around the dais and one could not see what was on the dais

We were told that here the arrangement of sitting depends on the state of mind of the inhabitant and hence we can not sit with you. since seats are assigned as per above criteria. Hence we were to sit in the last row. Further since by the time the programme is over, the time for our departure will be very near, immediately after this, we were again to undergo mind conditioning and shall be taken back to ship. Accordingly we were to instruct to the spaceship for making arrangement for your reception back there. This we are informing you in advance since we are not meeting you again and we extend our Good bye and also wish for the welfare of your people at your planet and also for the entire mankind. Although you are going to spend here remaining quarter of the day, you will feel as if you have spent only few minutes only.

From the dais along with the divine illumination, singing of the glories of the Supreme Being embedded within the celestial music was flowing all along and these were creating a feeling in mind, which could not be described. It seemed as if mind has gone to its origin state before the creation coming into existence and it was enjoying every bit of its homecoming. There was bliss and bliss all around, there was no other sound other than the divine words laced with music.

We wanted to know who were singing the glory of God and later we were communicated

that the illumination and words along with the music were coming from the five accomplished inhabitants sitting on the dais.

As was told we were transported back immediately after the program stopped and we felt as if we are broken from a source of permanent pleasure and real source of life. We forever cherish this stay there on the planet of Beghampura. Since then we both have taken up the efforts for attaining the state of grace.

(Based on Gurbani and flights of imagination)

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